



Resource Kit

Global Intergenerational Week 2026

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Resources

Introduction

Welcome to Global Intergenerational Week!

Generations Connect NZ is excited to share our Resource Kit for Global Intergenerational Week 2026 (24th–30th April)! This special week is all about celebrating the power of connection across generations, strengthening relationships, and creating meaningful shared experiences.

The activities in this kit have been themed to match each day's focus, but they are completely flexible so that you can adapt them to suit your group, community, or whānau. While the official week runs from 24th–30th April, we encourage you to participate throughout the whole of April. These ideas can be used anytime, and every small action helps build stronger intergenerational connections!

We'd love to hear about what you're planning and see the amazing things you do so please share both before and after your activities, but especially during the week itself, so we can celebrate together. You can also encourage others to get involved by posting your own stories, photos, and reflections.

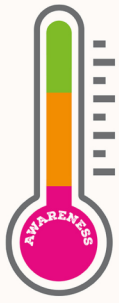
 Don't forget to use the hashtags!

 #genconnectnz |  #GIW26

**Let's make this a week to remember –
building connections that last well beyond the celebration!**

**Intergenerational
Practice is ~~Nice~~
Essential**

#GIW26



Day 1:
Let's raise
intergenerational
awareness

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"Then and Now" Conversation Circle

Format: In-person or virtual
Duration: 45–60 minutes

This activity raises awareness of the value of intergenerational connections by comparing life "then" and "now." By sharing stories, photos, and personal items, participants from all generations will gain a deeper appreciation for the changes over time and how both generations contribute to a richer, more diverse community.

What to Do

1. Introduction (5–10 min)

Quick introductions with two easy questions: This can be done as a whole group, in smaller groups, or with a partner:

- "What's your name and share something you like to do?"
- "What makes you happy or laugh?"



2. Share & Compare (30–45 min)

- *Compare "Then & Now"*: Participants compare photos from the past and present. This could include images of technology, landmarks, or everyday items that show how things have changed over time.
- *Share Objects or Photos*: Participants can also share an object or photo from their past (e.g., a childhood toy, a favourite item) and explain its significance.

3. Reflection (10 min)

- "What surprised you about today's conversation?"

Reflect on how comparing "then and now" deepens our appreciation for the different experiences and perspectives of all generations.

Resources & Materials

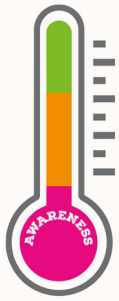
- Conversation Prompts: Questions to foster discussion. (see resources)
- Photos: Example "then and now" images of technology, or everyday items. (see resources)
- Artifacts: Childhood toys, objects with family history, or modern equivalents.



Tips for Success

- ✓ Encourage active listening and make sure everyone has a chance to share
- ✓ Keep the mood light and fun to make everyone feel comfortable
- ✓ Be flexible – adapt the activity based on the group's energy and engagement





Day 1:
Let's raise
intergenerational
awareness

#GIW26

Create and Share a Family Tree

Format: In-person or virtual
Duration: 45–60 minutes

This activity helps participants of all ages explore and celebrate family histories, fostering connections across generations. By creating a family tree and sharing simple stories, participants will better understand how families evolve over time and the importance of sharing experiences between generations.

What to Do

1. Introduction (5–10 min)

Quick introductions with two simple questions. This can be done as a whole group, in smaller groups, or with a partner:

- “What’s your name and something interesting about your family or childhood?”
- “Can you share a happy memory you have with a family member or someone special in your life?”

2. Family Tree Creation & Memory Sharing (30–45 min)

- *Create Your Family Tree:* Provide simple templates for participants to fill out with names and relationships (e.g., parents, grandparents, siblings).
- *Share & Present Memories:* Ask participants to share one fun fact, tradition, or memory about a family member as they present their family trees.

3. Reflection (10 min)

Ask participants to reflect on the activity and share their thoughts:

- “What did you learn about your family today?”
- “Why do you think it’s important to share stories across generations?”

Resources & Materials

- Family Tree Template: Simple printable template. (see resources)
- Creative Supplies: Paper, pens, and display materials (e.g., cardstock or frames) for participants to write memories or create their family trees.

Tips for Success



- ✓ Keep the activity engaging and fun, making sure it’s enjoyable for all ages.
- ✓ Encourage simple, lighthearted storytelling, focusing on positive memories and connections.
- ✓ Create an inclusive environment where everyone feels comfortable sharing, regardless of age or background.



Day 1:
Let's raise
intergenerational
awareness

#GIW26

"Whakawhanaungatanga" Poster Creation

Format: In-person
Duration: 45–60 minutes

Introduce whakawhanaungatanga – building meaningful connections across generations. Participants will create posters to explain how this concept strengthens intergenerational bonds and fosters meaningful connections across generations.

What to Do



1. Introduction (5 min)

- Briefly explain whakawhanaungatanga as the act of building relationships and connections, especially across generations, and its importance in community.

2. Poster Creation (30–45 min)

- In groups or pairs, participants will create a poster that visually explains whakawhanaungatanga.
- Provide art supplies (paper, markers, paints, stencils, stickers) and encourage the use of cultural elements, like Māori patterns or whakataukī (Māori proverbs).
- Use conversation prompts to inspire ideas.

3. Reflection (10–15 min)

- Groups present their posters and explain their messages.
- Discuss – "Why is it important to build relationships across generations through whakawhanaungatanga?"

Resources & Materials

- Art Supplies: Paper, markers, paints, stickers, stencils.
- Cultural Resources: (see resources)
 - Conversation Prompts – Questions to guide discussion.
 - Māori Proverbs (Whakataukī) – Inspirational sayings to include in the poster.
 - Cultural Symbols and Art – Traditional Māori patterns and designs for inspiration.



Tips for Success



- ✓ Encourage creativity and ensure everyone participates in the poster creation.
- ✓ Facilitate discussions on how whakawhanaungatanga strengthens community connections.
- ✓ Keep the activity engaging and interactive by allowing time for questions and sharing.



ANZAC Day Commemorations

Format: In-person
Duration: 45–60 minutes

This activity honors ANZAC Day by reflecting on the sacrifices of service members and fostering intergenerational connections. Participants can engage in simple, meaningful tasks such as making poppies, preparing ANZAC biscuits, or learning about ANZAC Day's significance to better understand how these traditions help challenge ageism and promote respect for all generations.

What to Do

1. Introduction (5 min)

- Briefly explain and discuss ANZAC Day, its history, and the importance of remembering those who served in the armed forces.

2. Recognise ANZAC Day (30–45 min)

Celebrate ANZAC Day by participating in one or all of these activities:

- *Make a Poppy or Wreath* – In pairs or small groups, participants will create symbolic poppies and wreaths to honour veterans.
- *Bake ANZAC Biscuits* – Prepare and share traditional ANZAC biscuits, learning about their historical connection.
- *Attend the Dawn Parade* – If possible, attend the local ANZAC Day Dawn Parade with a participant from another generation to foster connection.

3. Reflection (10–15 min)

- Discuss the importance of remembering those who served and how these activities help bridge generational gaps.
- Share “What can we do to honour the sacrifices of past generations and connect with them in meaningful ways today?”

Resources & Materials

- Craft Supplies: Materials for poppy and wreath making. (e.g., paper, fabric, glue, scissors, ribbons, and wire)
- Baking Supplies: Ingredients for ANZAC biscuits (e.g., oats, golden syrup, coconut, butter, and baking soda).
- Links to ANZAC Day information, as well as poppy, wreath-making, and ANZAC biscuit tutorials. (See resources)

Tips for Success



- ✓ Encourage everyone to share their experiences and stories about ANZAC Day.
- ✓ Make it a shared experience—invite participants from different generations to join in.
- ✓ Keep it light and meaningful, focusing on connection and reflection



Generations Challenge

Format: In-person
Duration: 45–60 minutes

The goal of this activity is to help participants experience and reflect on the challenges faced by different generations. By simulating physical challenges (such as impaired sight and hearing) and modern challenges (like the mental load of social media), participants will gain a deeper understanding of the difficulties each generation encounters.

What to Do

1. Introduction (5 min)

- Briefly discuss the unique challenges faced by different generations (e.g., physical challenges for older generations and modern challenges for younger ones).

2. Generations Challenge (30–45 min)

In pairs, participants will complete two tasks to experience generational challenges.

- *Task 1: Physical Challenges* – The younger participant will colour a picture while wearing dark glasses and headphones, as the older participant gives instructions. This simulates the physical challenges of poor eyesight and hearing difficulties that older adults may face.
- *Task 2 – Mental Challenges* – The older participant will colour a picture while the younger participant gives instructions. The younger participant will also add new instructions or introduce additional tasks, simulating the mental overload often experienced by younger generations in today's fast-paced, multitasking world (similar to challenges faced with social media or constant information flow).

3. Reflection (5–10 min)

- Share reflections on the tasks and discuss how it felt to experience the challenges of other generations.

Resources & Materials

- Dark glasses and headphones
- Picture colouring materials (coloured pencils or markers, paper, etc.)
- Colouring instructions and picture template (see resources)

Tips for Success

- ✓ Encourage friendly participation, focusing on empathy and understanding rather than speed.
- ✓ Ensure each generation reflects on their experience and how it relates to real-life challenges.
- ✓ Discuss how these tasks connect to ageism, social media, and modern-day generational differences.





Storytelling Across Generations

Format: In-person or virtual
Duration: 45–60 minutes

This activity fosters intergenerational understanding by encouraging participants of all ages to share meaningful life lessons. By reflecting on wisdom exchanged between generations, this activity helps break age-related stereotypes and highlights the value of shared experiences.

What to Do

1. Introduction (5 min)

- Discuss the importance of storytelling in passing down knowledge and fostering intergenerational connections.
- Emphasise that both younger and older generations have valuable insights to share.

2. Story Sharing (30–45 min)

- Participants take turns sharing a lesson they've learned from someone of a different generation. This could be a personal story, a skill, or a piece of advice.
- Optional: Participants can bring a small keepsake, photo, or object that represents their shared lesson / story.
- Sharing formats: This can be done as a whole group, small groups, or in pairs.

3. Reflection (10–15 min)

- Discuss common themes from the stories.
- Reflect on how different generations influence and shape each other's lives.
- Consider how learning from different ages helps challenge stereotypes about both younger and older people.

Resources & Materials

- A list of questions to inspire storytelling. (see resources)
- Memory Objects – Optional photos or items related to shared lessons.
- Conversation Guide – Tips on active listening and engaging discussion. (see resources)

Tips for Success



- ✓ Ensure all generations have an opportunity to share, reinforcing mutual learning.
- ✓ Encourage open discussion and active listening without judgment.
- ✓ Highlight that wisdom comes from all ages—not just older generations



Day 3:
Let's challenge
social isolation
and loneliness

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Walk, Talk, or Tea

Format: In-person or virtual
Duration: 45–60 minutes

Foster meaningful intergenerational connections through conversation, whether walking outdoors or chatting over tea. This activity encourages openness, reduces isolation, and creates a space for people of all ages to share stories, experiences, and perspectives.

What to Do



1. Introduction (5 min)

- Briefly explain the purpose: create intergenerational connections by either walking together or chatting over tea. Encourage openness to different viewpoints and share stories, memories, and experiences in an inclusive way.

2. Walk, Talk, or Tea (30–45 min)

- *For those able to walk:* Pair off or form small groups and walk at a comfortable pace while engaging in conversation.
- *For those unable to walk:* Set up a virtual meeting or a physical space for tea where participants can comfortably chat.
- Use conversation prompts to guide discussions, such as "What was your neighbourhood like when you were younger?" or "What's one lesson you've learned that you think is important?"

3. Reflection (10–15 min)

- Gather everyone (virtually or in-person) to share highlights of the conversations and what was learned.
- Discuss how the experience of connecting across generations made participants feel and how it helped reduce isolation.

Resources & Materials



- Tea & Snacks: For those gathering over tea (virtual or in-person).
- Walking Route & Map: For those doing the walk.
- Conversation Prompts: (see resources)
- Comfortable Gear: Water, comfortable shoes for walking, or a cozy spot for tea

Tips for Success



- ✓ Ensure there are options for everyone—whether walking or gathering over tea.
- ✓ Encourage thoughtful sharing of experiences and memories.
- ✓ Foster an inclusive environment where everyone feels comfortable participating.



Day 3:
Let's challenge
social isolation
and loneliness

#GIW26

Generations Game Day

Format: In-person
Duration: 45–60 minutes

Promote intergenerational interaction and fun through board games, encouraging teamwork, communication, and lighthearted competition. This activity allows participants of all ages to connect over shared experiences while enjoying a variety of games.

What to Do



1. Introduction (5 min)

- Welcome participants and explain the purpose: to create opportunities for interaction and fun across generations through board games.

2. Game Selection & Play (30–45 min)

- *Board Game Options:* Provide a mix of classic and modern games suitable for all ages, such as Scrabble, Monopoly, Uno, Pictionary, or Cards.
- *Forming Teams:* Encourage participants to form teams with a mix of ages, pairing younger and older players together. This fosters communication and teamwork across generations.
- *Play Time:* Let participants play the games, either in small teams or in pairs, based on the game.

3. Reflection (10 min)

- At the end of the game session, gather everyone to reflect on the afternoon, share favourite moments, and enjoy light refreshments to continue the conversation.

Resources & Materials



- **Board Games:** A variety of classic and modern games (e.g., Scrabble, Chess, Pictionary, Uno, Cards). Ensure accessibility for all participants.
- **Game Setup:** Tables or areas for multiple games, comfortable seating, and a central “Game Station” to check out and return games.
- **Game Hosts:** Volunteers to help explain game rules and guide participants

Tips for Success

- ✓ Mix up the teams to include both younger and older players, ensuring everyone has an opportunity to collaborate.
- ✓ Ensure all games are accessible to participants of different abilities and ages.
- ✓ Encourage sharing favourite moments and stories after each round to continue intergenerational connections.





Day 3:
Let's challenge
social isolation
and loneliness

#GIW26

Postcard Exchange

Format: In-person
**Duration: 30–45 minutes per
postcard exchange cycle**

Foster connections across generations and address loneliness by encouraging people of all ages to exchange postcards. Participants will create and share simple, creative postcards that will be exchanged between young and older generations.

What to Do

1. Introduction (5 min)

- Students (ECE, primary, and high school) will create postcards by drawing pictures and writing short, kind messages. These postcards will be placed at community locations for older adults to pick up. Older adults will respond by creating and returning their own postcards to the same location.

2. Postcard Creation: (20–30 min)

- *For all ages* (ECE, primary, and high school): Draw a picture on the front and write a short message on the back (e.g., "Have a great day!").
- *For older adults*: Pick up a postcard (both a sent postcard with a message and a blank postcard to fill out), respond with a drawing and message on the blank postcard, and return it to the same location.

3. Distribution, Collection, and Sharing:

Postcards will be available at community locations such as community centres, retirement villages, doctor's surgeries, supermarkets, libraries, cafes, and other places frequented by older adults. Participants are encouraged to share the postcards they have created or received on social media (with permission) and reflect on the process of connecting with another generation.

Resources & Materials

- Postcard Templates & Response Materials: Printable templates (see resources)
- Art Materials: Markers, pencils, and stickers for all ages.
- Connect with possible drop-off locations: eg. community centres, doctor's surgeries, supermarkets, libraries, and cafes.

Tips for Success



- ✓ Encourage creativity with drawings, colours, and stickers to make the postcards personal and fun.
- ✓ Keep messages simple and positive to ensure they're accessible to all ages.
- ✓ Set a regular schedule for collecting and returning postcards to maintain engagement.



Day 4:
Let's create
intergenerational
spaces and
communities

#GIW26

Creating Intergenerational Spaces and Communities

Format: In-person
Duration: 45– 60 mins

Engage participants from various age groups to collaboratively enhance or create shared community spaces like gardens, playgrounds, or local centers. This activity fosters intergenerational connections while promoting the value of inclusive spaces for all generations.

What to Do



1. Introduction (5 min)

- Start with a group discussion asking, “What makes a community space welcoming for all ages?” Encourage participants to share their ideas and perspectives.

2. Collaborative Work: (30–45 min)

- Participants work together in teams of mixed ages to improve shared spaces, such as community gardens, playgrounds, or local centres. Tasks may include gardening, painting, or light renovations. Ensure everyone has the opportunity to contribute based on their skills.

3. Reflection: (10 min)

At the end of the activity, gather everyone for a brief reflection on the work done and what they learned about creating intergenerational spaces. Conclude with a celebration or social time, such as light refreshments, to encourage further interaction.



Resources & Materials

- Supplies: Tools and materials will vary based on the chosen activity (e.g., gardening tools, paints, brushes).
- Safety Gear: Ensure gloves and protective equipment for all participants.
- Workstations: Set up designated areas for different tasks (e.g., painting, gardening).
- Refreshments: Provide light snacks and drinks for breaks.

Tips for Success



- ✓ Mix teams of different ages to promote collaboration.
- ✓ Ensure tasks are accessible for all abilities and ages.
- ✓ Make time for breaks, socialising, and reflecting on the experience.



Day 4:
Let's create
intergenerational
spaces and
communities

#GIW26

Collaborative Space Design for All Ages

Format: In-person or virtual
Duration: 45– 60 mins

Bring together people from all generations to collaborate and design intergenerational spaces in the community. Participants will work in mixed-age teams to create spaces that are inclusive, accessible, and enjoyable for everyone.

What to Do



1. Introduction (5 min)

- Briefly explain the goal: designing spaces that encourage interaction across generations. Emphasise inclusivity and accessibility for everyone.

2. Collaborative Design Activity (30–45 mins)

- Divide participants into mixed-age teams.
- Each team works together to sketch a design for a community space (e.g., park, garden, recreation area).
- Encourage open discussion and creativity as teams decide on features that will appeal to all ages.

3. Reflection (10 mins)

- Teams share their designs with the group, discussing their thought process.
- Celebrate the collective creativity and ideas.

Resources & Materials



- Design Materials: Paper, markers, sketchbooks, or digital tools (optional)
- Facilitators: Support teams in brainstorming and ensuring inclusive design principles.

Tips for Success

- ✓ Encourage creativity and open communication between generations.
- ✓ Focus on practical, simple ideas that can foster inclusion and accessibility.
- ✓ Celebrate collaboration and teamwork across age groups.





Day 4:
Let's create
intergenerational
spaces and
communities

#GIW26

Intergenerational Talent Share

Format: In-person
Duration: 45– 60 mins

Host an event where participants from different generations come together to share their unique skills and talents. Each participant will lead a short "workshop" to teach others something they know. The event encourages learning, appreciation, and strengthens intergenerational bonds by sharing knowledge across all generations.

What to Do



1. Introduction (5 min)

- Welcome participants and explain the activity's goal: to connect generations by sharing skills and knowledge. Encourage openness and curiosity

2. Talent Sharing (30–45 min)

- In mixed-age groups, each participant shares their talent for 10–15 minutes. For example, older generations might teach knitting or traditional games, while younger participants might show how to use smartphones or teach a popular dance.

3. Reflection (10 min)

- After sharing, gather the group to reflect on what they learned, what they enjoyed, and how they felt about the experience of learning across generations.

Resources & Materials



- Materials for Sessions: Depending on the talents shared, ensure necessary supplies are available (e.g., cooking ingredients, knitting materials, tech devices).
- Assistance: Provide support for participants who may need help acquiring any necessary supplies or equipment for their session.

Tips for Success

- ✓ Make sure the activities are inclusive and accessible to all generations.
- ✓ Encourage participants to be open to learning and trying something new.
- ✓ Create a relaxed and welcoming environment for everyone to share and connect.





Day 5:
**Let's Save
the Planet...
Together!**

#GIW26

Generations for the Planet

Format: In-person or virtual
Duration: 45- 60 mins

Host an intergenerational event focused on how all generations can work together to address climate change at the local community level. Participants from different generations will engage in discussions and problem-solving to explore solutions for reducing environmental impact and creating a sustainable future.

What to Do

1. Introduction (5 -10 min)

- Explain the importance of addressing climate change and how all generations can contribute. Discuss the environmental challenges specific to your community.

2. Discuss and Create: (30-45 min)

- In a small group or with a partner brainstorm ideas on how to reduce environmental impact in the local community (e.g., waste reduction, water conservation, recycling, planting native trees).
- Create a poster together sharing you ideas and encourgaing the wider community to participate.

3. Reflection (10 min)

Share posters and identify small, practical actions that can be implemented immediately to reduce environmental impact.

Resources & Materials

- Environmental Resources: Links to local environmental organisations and sustainability resources. (see resources)
- Stationery: Paper, pens, markers, and sticky notes for brainstorming and creating posters.

Tips for Success

- ✓ Encourage diverse perspectives by highlighting how each generation brings unique knowledge and experiences to environmental problem-solving.
- ✓ Focus on collaboration by ensuring all group members contribute ideas and engage in discussion.
- ✓ Make the posters action-oriented with clear, practical steps that workplaces can take to support sustainability.





Day 5:
Let's Save
the Planet...
Together!

#GIW26

Guardians of Our Environment

Format: In-person
Duration: 45– 60 mins

Organise a community clean-up event where people of all ages come together to care for our environment and show kaitiakitanga/guardianship of the land. This event promotes shared responsibility across generations, focusing on keeping our spaces clean and learning sustainable practices.

What to Do

1. Introduction (5 min)

- Introduce kaitiakitanga—the concept of guardianship and shared responsibility for the environment.
- Explain the event's goal: working together to clean a shared space and show how we care for our environment..

2. Clean-Up & Educate: (30–45 min)

- Divide into mixed-age teams to clean specific areas (e.g., park, beach).
- Set up kaitiakitanga stations with
 - *Recycling Education*: Learn proper recycling and its role in guardianship.
 - *Sustainable Practices*: Share tips like using reusable items and composting.
 - *Kaitiakitanga in Action*: Show how caring for the land, plants, and animals is our collective responsibility.

3. Reflection (10 min)

- Reflect on the day's work and share what was learned.
- Discuss how everyone can continue to practice kaitiakitanga in their daily lives.

Resources & Materials

- Clean-Up Supplies: Trash bags (compostable or recyclable), gloves, litter pickers, recycling bins, safety vests.
- Educational Materials: Flyers or pamphlets about the impact of pollution and tips on waste reduction, as well as a simple guide for sorting recyclables. (see resources)
- Kaitiakitanga information: (see resources)

Tips for Success



- ✓ Emphasise kaitiakitanga—everyone's role in caring for the environment.
- ✓ Ensure all generations are involved and valued.
- ✓ Use the event to build stronger community ties and teach sustainable habits.



Day 5:
Let's Save
the Planet...
Together!

#GIW26

Eco-Challenge Day: Small Actions, Big Impact

Format: In-person
Duration: 45– 60 mins

A fun, hands-on activity where different generations come together to complete simple, sustainable challenges. The goal is to show how small actions can make a big impact on the environment while encouraging teamwork and connection across ages.

What to Do



1. Introduction (5 min)

- Explain the goal: working together across generations to take small actions for the planet.
- Split participants into mixed-age teams..

2. Eco-Challenge Stations (30–45 minutes)

- Set up 3–4 simple challenge stations where teams complete short, practical activities.
- Example Challenge:
 - Waste-Free Challenge: Teams sort common household waste into "recycle," "compost," or "landfill" bins, sparking conversations about reducing waste.

3. Reflection (10 min)

- Each team shares one action they will commit to/
- Reflect on how small actions, done together, can create lasting change.



Resources & Materials

- Challenge Info Sheet: Simple, eco-friendly challenge ideas (see resources).
- Basic Supplies: Paper, pens, markers
- Sorting Materials: Clean recyclables and bins for the Waste-Free Challenge.
- Additional resources required to complete the challenges you choose


Tips for Success



- ✓ Keep activities light and fun to encourage all ages to take part.
- ✓ Celebrate all contributions, no matter how small.
- ✓ Use a visual reminder of what the community can achieve together.



Day 6:
Let's develop
intergenerational
workplaces

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Generations at Work

Format: In-person or virtual
Duration: 45– 60 mins

This activity brings together different generations both those in and out of the workforce to explore how diverse experiences can strengthen workplaces and communities. Participants will reflect on past and present work experiences, the value of intergenerational collaboration, and how Māori values can shape inclusive environments.

What to Do

1. Introduction (5 min)

- Briefly introduce the importance of intergenerational knowledge-sharing and key Māori values in workplace culture.

2. Intergenerational Collaboration & Discussion (30–45 min)

- In mixed-age groups, participants share experiences and discuss workplace and community challenges, using guided questions. They then brainstorm practical ways to strengthen intergenerational collaboration.

3. Reflection (10 min)

- Participants share key takeaways and one action they can take to foster intergenerational inclusion in workplaces. 

Resources & Materials

- Guided questions, discussion prompts & scenarios (See resources)
- Pens & Paper for Notes
- Info sheet with Māori values explained (see resources)


Tips for Success

- ✓ Encourage storytelling – Personal experiences make discussions more meaningful.
- ✓ Mix age groups – Ensure a diverse range of perspectives in each group.
- ✓ Keep it action-focused – Guide participants toward practical next steps.





Day 6:
Let's develop
intergenerational
workplaces

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A Timeline of Change

Format: In-person or virtual
Duration: 45– 60 mins

Collaborate on creating a “Timeline of Work” to explore how jobs, industries, and tools have evolved across generations in New Zealand. This activity will help participants understand how different generations have adapted to changes in the workforce, fostering appreciation for their roles in shaping the future of work.

What to Do

1. Introduction (5 min)

- Introduce the concept of the timeline and briefly discuss how work and industries have changed over time in New Zealand. Highlight key moments like the rise of agriculture, industrialisation, and the digital age.

2. Timeline Creation (30–45 min)

- Participants share stories, memories, and historical facts from different generations to contribute to the timeline. Groups will then create a part of the timeline (physical or digital) by adding these stories and key events, representing different eras like early work (farming, trades), industrialisation, the digital age, and predictions for the future.

3. Reflection (10 – 15 min)

- Each group presents their section of the timeline. Discuss:
 - How have work tools and methods changed?
 - What challenges did each generation face?
 - How can we prepare for the future of work?

Resources & Materials

- Timeline Materials: Long paper roll, corkboard, or digital tools (e.g., Google Slides, Padlet).
- Story Gathering: Encourage participants to bring photos, old tools, or historical work-related stories.
- Pens, Paper, and Digital Devices for creating and documenting the timeline.


Tips for Success

- ✓ Encourage storytelling – Personal stories add depth and engagement to the timeline.
- ✓ Collaborate across generations – Mix participants from different age groups for diverse perspectives.
- ✓ Focus on key moments – Keep the timeline centered around major shifts in work and tools.





Day 6:
Let's develop
intergenerational
workplaces

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#GIW26

A Day in the Life

Format: In-person
Duration: 45– 60 mins

Participants will role-play different work environments from past, present, and future generations. By experiencing how workstyles, tools, and expectations have changed over time, they will gain a deeper appreciation for the value of intergenerational collaboration in the workplace.

What to Do

1. Introduction (5 min)

- Introduce the activity and explain how workstyles have evolved across generations. Briefly describe key differences in workplace culture, tools, and communication methods.

2. Role-Playing Workstyles (30–45 min)

- Participants are assigned different generational work scenarios (e.g., a 1950s office worker, a 1980s factory worker, a 2000s tech professional, a 2020s remote worker). In small groups, they will experience tasks typical of each era, using relevant tools and work methods..

3. Reflection (10 – 15 min)

- Groups discuss their experiences, comparing challenges, advantages, and lessons from each workstyle. Key discussion points:
 - How did different work environments affect communication and productivity?
 - What strengths does each generation bring to the workplace?
 - How can workplaces blend past and present workstyles for a better future?

Resources & Materials

- Workstation props (e.g., typewriters, paper files, computers, digital tools).
- Simple role-play task cards to guide participants through different work environments. (see resources)
- Info Sheet: Additional background on workplace evolution and discussion prompts. (see resources)

Tips for Success



- ✓ Make it immersive – Provide basic props or digital tools to enhance realism.
- ✓ Encourage cross-generational teams – Pair participants from different age groups.
- ✓ Keep discussions open-ended – Allow for sharing of real-life experiences and insights.



Day 7:
Let's improve
intergenerational
quality and
sustainability

#GIW26

Sustaining Communities for All Generations

Format: In-person or virtual
Duration: 45– 60 mins

Participants will create posters illustrating how intergenerational collaboration contributes to strong, sustainable communities. This activity fosters creativity and discussion on how different generations can work together to build a thriving future.

What to Do

1. Introduction (5 min)

- Introduce the theme “Sustaining Communities for All Generations.” Facilitate a short discussion on what makes a community strong and how different generations contribute to its sustainability.

2. Poster Creation (30–45 min)

- Participants design posters—in intergenerational pairs—depicting key themes such as:
 - *Intergenerational Support* – Mentoring, shared knowledge, collaborative projects.
 - *Sustainable Living* – Environmentally friendly practices benefiting all ages.
 - *Community Connection* – Inclusivity and social networks across generations.
 - *Cultural Preservation* – Balancing heritage and modernization.
 - *Innovation for the Future* – How technology and policy can shape sustainable communities.
- Posters can be created physically (using paper, markers, paints) or digitally (using design software like Canva).

3. Reflection (10 – 15 min)

- Participants present their posters and discuss:
 - What inspired their design?
 - How do different generations contribute to a sustainable community?
 - What actions can be taken to improve intergenerational quality of life?
- Posters can be displayed in a community space or shared online to extend the impact.

Resources & Materials

- Physical posters – Paper, markers, paints, collage materials.
- Digital posters – Computers, graphic design software (e.g., Canva, Adobe Spark).

Tips for Success

- ✓ Encourage collaboration – Pair participants of different generations to create together.
- ✓ Make it meaningful – Focus on real ways communities can be more sustainable.
- ✓ Showcase creativity – Display posters in a public space or online to share insights.





Day 7:
Let's improve
intergenerational
quality and
sustainability

#GIW26

Build a Better Future

Format: In-person
Duration: 45– 60 mins

Participants of all ages will work together to design solutions for a community where all generations connect, support, and learn from each other. Using creative activities they will explore ways to strengthen relationships between different age groups and create a more connected and supportive society.

What to Do

1. Introduction (5–10 min)

- Warm-up game: "Generational Superpowers" – Each person shares one skill or strength their generation brings to the community. (e.g., "I bring wisdom from experience!" or "I bring new technology skills!")
- Discuss how communities are stronger when different generations support each other –through mentoring, shared traditions, and new ideas.

2. Creative Challenge! (30–45 min)

- Teams of mixed ages will work together to showcase ideas for improving intergenerational connections.
- Groups can choose from three fun formats to present their vision:
 - 🏠 **Build a Model:** Use recycled materials to create a "Community of the Future" where different generations live, learn, and help each other.
 - 🎨 **Draw a Vision Board:** Illustrate what a thriving, intergenerational community looks like, with spaces and activities that bring people together.
 - 🎭 **Act out a Short Skit:** Perform a fun scene showing how younger and older generations can work together and learn from each other.

3. Reflection (10 – 15 min)

- Each group presents their project in a fun way. Discuss
 - What new ideas did we discover about different generations?
 - How can we bring these ideas to life in our real communities?

Resources & Materials

- Craft supplies: Paper, markers, glue, scissors, recycled boxes.
- Props for skits: Simple costumes, everyday objects.
- Camera or phone for recording and sharing ideas.

Tips for Success

- ✓ Encourage storytelling! Personal experiences make ideas stronger.
- ✓ Mix age groups! Every generation brings something valuable.
- ✓ Keep it fun and practical! Focus on real ways to strengthen community connections.





Day 7:
Let's improve
intergenerational
quality and
sustainability

#GIW26

Treasure Hunt for the Future

Format: In-person
Duration: 45– 60 mins

A fun treasure hunt where participants discover “taonga” (treasures) that help sustain connections across generations. They’ll work as teams to solve clues, complete challenges, and explore ways to protect traditions, knowledge, and relationships for future generations.

What to Do

1. Introduction (5–10 min)

- Explain the idea of taonga (treasures) as things we want to protect for future generations.
- “What’s Your Taonga?” – Each participant shares one thing they would like to protect for future generations (e.g., “I want to protect our parks!” or “I want to preserve our culture!”).
- Discuss how we all have different roles in protecting taonga, from young to old.

2. Treasure Hunt Adventure! (30–45 min)

- *Start the Hunt!*: Split into teams of mixed ages. Each team gets a map with clues that lead them to different stations. At each station, they will find a “taonga” to protect!
- Encourage working together across generations to solve clues and complete challenges.

3. Reflection (10 – 15 min)

- After the treasure hunt, gather everyone to discuss what they learned about maintaining strong connections between generations. Encourage participants to share ideas on how they can ensure these connections are sustained in the future.

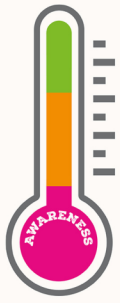
Resources & Materials

- Treasure Hunt Materials: Printed maps, taonga tokens (symbolic items or pictures), and challenge cards for each station (see resources).
- Pens and Paper: For teams to document their clues, solve puzzles, and share ideas.
- Optional Digital Devices: Tablets or smartphones for teams to use if you want to incorporate digital clues or have participants take photos of their discoveries.

Tips for Success



- ✓ Encourage teamwork! Let everyone work together to find clues and share ideas.
- ✓ Mix ages! Different generations bring different perspectives to solve puzzles.
- ✓ Keep it fun! The goal is to have fun while learning about how we can strengthen connections.



Day 1:
Let's raise
intergenerational
awareness

#GIW26

"Then and Now" Conversation Circle

This resource provides some example "Then & Now" comparisons and conversation prompts.

Feel free to create your own, including local landmarks and places within your community.

"THEN AND NOW"



Conversation Prompts

- How did people use this item in the past? What was it like?
- What are the biggest differences between the old and new version?
- Which one do you think is better? Why?
- What challenges did people face using the older version?
- Do you think we will still use the modern version in the future? Why or why not?



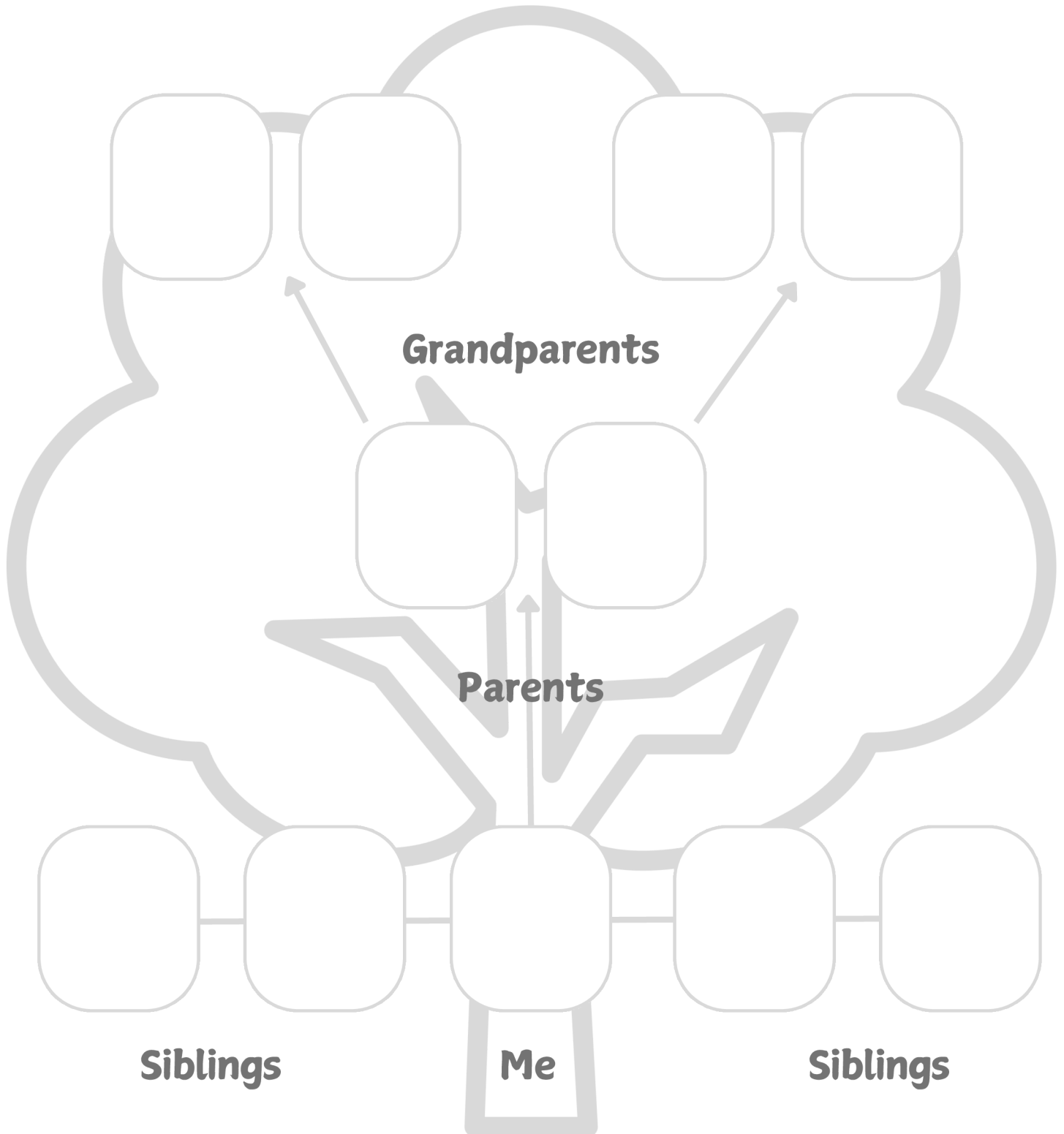
Day 1:
Let's raise
intergenerational
awareness

#GIW26

Create and Share a Family Tree

This resource provides a simple template for creating a family tree.

Feel free to draw or create your own to suit the needs of your participants.





Day 1:
Let's raise
intergenerational
awareness

#GIW26

Whakawhanaungatanga Poster Creation

This resource supports the Whakawhanaungatanga Poster activity, providing conversation prompts, Māori proverbs (Whakataukī), and cultural symbols for inspiration.

Feel free to adapt or add your own to reflect your community.

Conversation Prompts

Use these questions to help guide ideas for the poster:

- What does whakawhanaungatanga (building relationships) mean to us?
- How do different generations in our community support each other?
- What traditions or values bring our whānau (family) together?
- How can we strengthen connections in the future?

Māori Proverbs (Whakataukī)

Consider including these in the poster to reflect intergenerational wisdom and connection:

He aha te mea nui o te ao? He tangata, he tangata, he tangata.

What is the most important thing in the world? It is people, it is people, it is people.

Ka mua, ka muri.

Walking backwards into the future – learning from the past to move forward.

Nāu te rourou, nāku te rourou, ka ora ai te iwi.

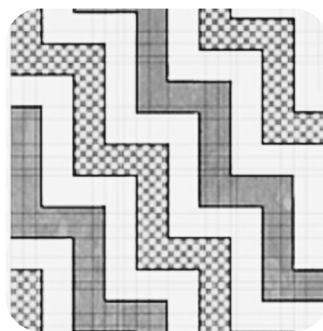
With your food basket and my food basket, the people will thrive.

Cultural Symbols & Art

Encourage creativity by incorporating traditional Māori designs in the poster:



Kōru: Represents new beginnings, growth, and connection.



Poutama: Symbolises learning, progress, and intergenerational knowledge.



Takarangi: Represents the interconnection of people and the balance of relationships over time.

✨ Get Creative! Use drawings, collage, or mixed media to bring your poster to life, representing whakawhanaungatanga in your own unique way!



Day 2:
Let's
challenge
ageism

#GIW26

ANZAC Day Commemorations

This resource provides a range of tutorials for making poppies, wreaths, and ANZAC biscuits, along with general ANZAC Day information.

Feel free to create or source your own based on the resources you have available.

ANZAC Day Activities – Resource Links

Make Your Own Poppies -

Craft tutorials for different materials

- [How to make an Anzac Day memorial poppy](#)
- [Poppy Flower finger painting](#)
- [Anzac Day poppy craft made from paper plates](#)
- [Poppies to make for Anzac Day](#)



ANZAC Wreath Making -

Step-by-step guides using natural or craft materials

- [Make A Family ANZAC Day Wreath](#)
- [How to make a poppy wreath for Anzac Day](#)
- [Wreaths to make for Anzac Day](#)
- [Make a Wreath from Nature](#)

ANZAC Biscuit Recipes -

Traditional and modern variations

- [Chewy Anzac Biscuits](#)
- [Anzac biscuits](#)
- [15 of our best Anzac biscuit recipes](#)
- [Quick and easy Anzac biscuits recipe](#)



ANZAC Day -

Additional and background information

- [RSA Anzac Day Resources](#)
- [New Zealand History – Anzac Day Resources](#)
- [Te Papa – Anzacs of Aotearoa New Zealand](#)
- [Australian Government – Anzac Portal](#)

 Choose the activity that best suits your group and available materials.



Day 2:
Let's
challenge
ageism

#GIW26

Generations Challenge

This activity encourages teamwork and communication between generations by adding fun challenges to a simple colouring task.

Each generation will take turns leading and following directions in a creative way!

Colouring & Communication Activity



Younger Participant as the Follower

(You will wear headphones & dark glasses)

Put on the headphones and wear dark glasses so you can't hear well or see clearly. Your partner (the older participant) will tell you which colours to use and where.

Try your best to follow their instructions even though you might have trouble seeing or hearing properly.

When finished, discuss:

How did it feel to follow instructions without seeing or hearing clearly? Some older adults experience changes in eyesight and hearing as they age. How might this activity help us understand the challenges they may face?



Generations Challenge



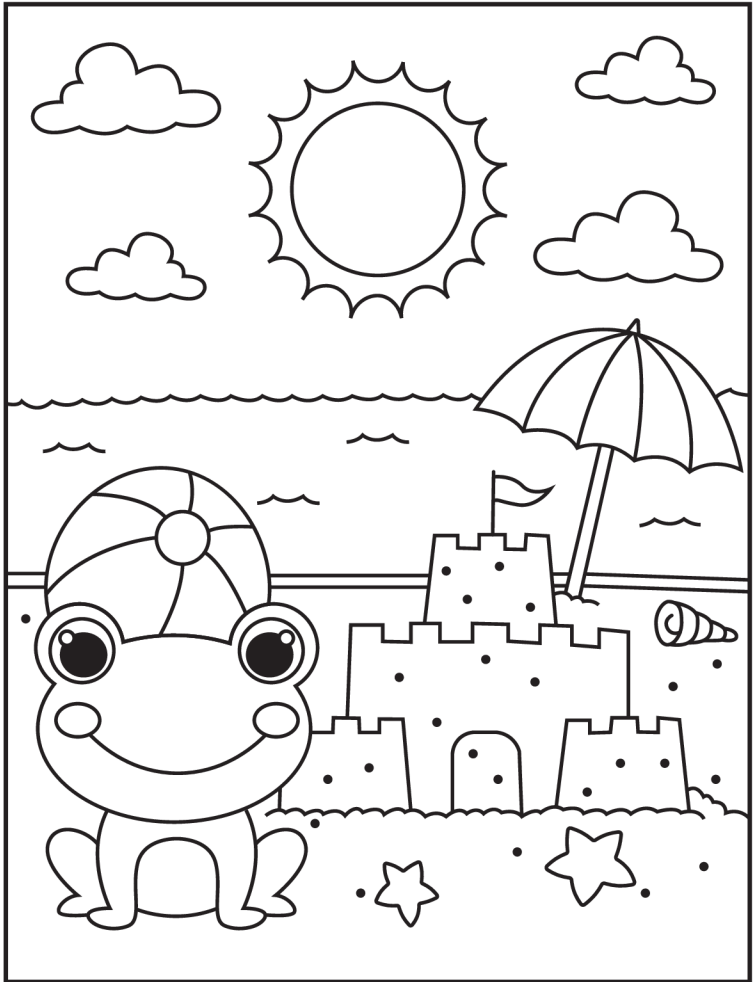
Day 2:
Let's
challenge
ageism

#GIW26

This activity encourages teamwork and communication between generations by adding fun challenges to a simple colouring task.

Each generation will take turns leading and following directions in a creative way!

Colouring & Communication Activity



Older Participant as the Follower

(You will follow instructions, that will change often)

Your partner (the younger participant) will tell you which colours to use and where.

- "Colour the sandcastle yellow."
- "Colour the sun orange."

Every 20-30 seconds, the younger participant should suddenly change their mind and say things like:

- "Wait! Change the sun to yellow instead!"
- "Now colour all the water green just for fun!"

When finished, discuss:

How did it feel when the instructions kept changing? The world younger generations are growing up in is fast-paced and constantly evolving. How might this activity help us understand the challenges they may face?



Storytelling Across Generations

This resource provides tools to inspire storytelling, foster connections, and promote sharing memories between generations.

Use the following questions and conversation tips to guide your discussions.



Day 2:
Let's
challenge
ageism

#GIW26

Questions to Inspire Storytelling

These questions can be answered by both younger and older generations, sparking shared conversations and connections:

- What's one thing you like to do when you have free time?
- If you could travel anywhere, where would you go and why?
- What's something you've learned recently that surprised you?
- What does a perfect day look like for you?
- What's your favourite food or meal, and why do you love it?
- If you could learn any new skill, what would it be?
- What's a family tradition you enjoy?
- What's one thing that makes you feel happy or proud?
- What's the best piece of advice you've ever received?
- What's something you think is important for people to understand about your generation?
- Can you describe a fun activity you enjoy doing with family or friends?
- What's a favourite memory you have from the past year?

Conversation Guide

Tips for active listening and fostering engaging discussions:

- *Be present:* Listen carefully and give your full attention to the storyteller.
- *Ask open-ended questions:* Encourage elaboration by asking questions that require more than just a yes/no answer.
- *Encourage sharing:* Let the storyteller know you value their story and ask follow-up questions to deepen the conversation.
- *Respect different experiences:* Everyone's story is important. Appreciate the differences in perspectives, whether they are big or small.
- *Be patient and kind:* Allow time for reflection and thought, especially when sharing meaningful or difficult memories.



Day 3:
**Let's challenge
social isolation
and loneliness**

#GIW26

Walk, Talk or Tea

This resource provides conversation prompts to encourage meaningful discussions during the Walk, Talk, and Tea activity.

Feel free to use these or create your own to suit your participants.

If you could have any animal as a pet (real or imaginary), what would it be and why?

What's a small act of kindness someone has done for you that you'll never forget?

If you had to describe yourself in three words, what would they be?

What's something you think every person should try at least once in their life?

If you could design your dream home, what special feature would it have?

If you could switch places with someone for a day, who would it be and what would you do?

What's one thing that always makes you laugh?

Tell me something new or interesting you've discovered recently.

If you had a time machine, would you rather visit the past or the future? Why?

What's one thing you think future generations should know about life today?





Day 3:

Let's challenge social isolation and loneliness

#GIW26

Postcard Exchange

This resource supports a postcard exchange activity, encouraging participants to share a simple message and draw a picture to connect with someone from a different generation.

Feel free to create your own design and message to make it personal and meaningful.

On the following pages, you'll find printable postcard templates, including both a blank postcard and a colouring postcard. The blank postcard can be used to create your own drawings and messages. The colouring postcard can be coloured in before adding your own kind note. For those who prefer, simple sheets of paper can also be used to draw and write messages. You can even turn any colouring pages you have into postcards by colouring them and adding a message to the back.

The goal is for the postcards to be easy to create and personal, with no need for fancy materials. Whether using the printed template or creating something from scratch, these postcards are meant to brighten someone's day and foster connections between different generations. These postcards will be shared at community locations where postcard exchanges are happening.

If you'd like help setting this initiative up in your community, please reach out to us at info@genconnectnz.org. We're excited to help spread the kindness and connect people across generations!

EXAMPLES



To

A New Friend OR

Someone special

Message

Sending a little sunshine your way!

Hope this brings a smile to your day.

OR

Hope this little drawing brings a smile

to your face! Have a wonderful day.

From Sally V



Day 3:

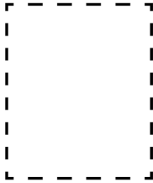
Let's challenge
social isolation
and loneliness


#GIW26

Postcard Exchange

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	Message
To	
	From

	Message
To	
	From

Postcard Exchange

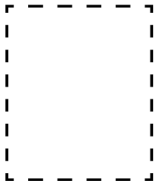


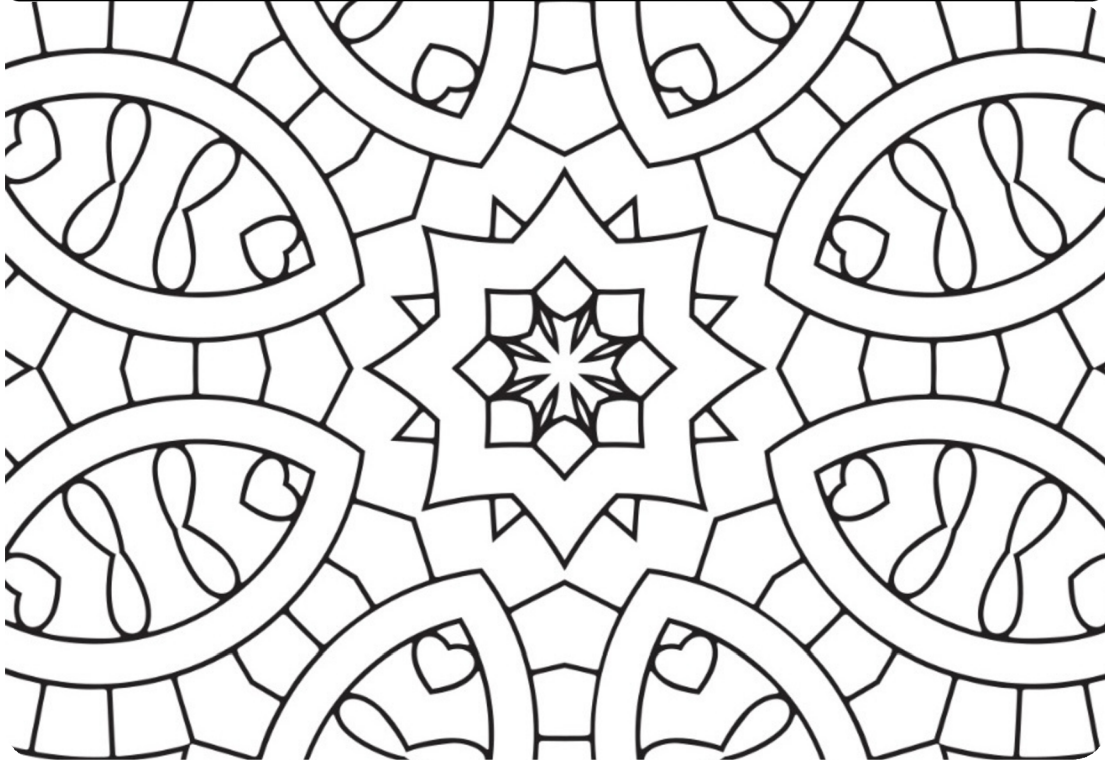
Day 3:
**Let's challenge
social isolation
and loneliness**

#GIW26

This resource supports a postcard exchange activity, encouraging participants to share a simple message and draw a picture to connect with someone from a different generation.

Feel free to create your own design and message to make it personal and meaningful.

 To _____ _____ _____ _____ _____	Message _____ _____ _____ _____ _____ _____ _____ From _____
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Day 5:
**Let's Save
the Planet...
Together!**

#GIW26

Generations for the Planet

This resource provides some links to local environmental organisations and sustainability resources.

Feel free to explore and choose those that best suit the needs of your community.

Forest & Bird

Provides free educational resources for kids and adults about New Zealand's native wildlife and environmental issues. They also offer fun activities for children to learn about nature.

Website: [Forest & Bird](#)

Sustainable Coastlines

Offers free environmental education programs and resources for schools and communities. They provide online tools and guides for clean-up events and sustainability education.

Website: [Sustainable Coastlines](#)

WWF New Zealand

Provides downloadable activity sheets, games, and facts about New Zealand's wildlife for kids. They also offer family-friendly resources on climate change and sustainability.

Website: [WWF New Zealand](#)

Zero Waste Network

Provides free resources like guides and activity ideas for reducing waste, including printable materials for both children and adults.

Website: [Zero Waste Network](#)

Department of Conservation (DOC)

Provides a range of free educational resources, including printable worksheets, activity books, and videos for children, as well as guides for adults about conservation efforts.

Website: [DOC Education](#)

Kiwi Conservation Club (KCC)

Provides fun and engaging free resources, including activities, games, and conservation tips that kids and families can participate in to help protect the environment.

Website: [Kiwi Conservation Club](#)



Day 5:
**Let's Save
the Planet...
Together!**

#GIW26

Guardians of Our Environment

This resource provides some links to local environmental organisations and sustainability initiatives that support the practice of kaitiakitanga.

Feel free to explore and use what best suits your community's needs.

What is Kaitiakitanga?

Kaitiakitanga is the Māori concept of guardianship, protection, and conservation of the environment. It reflects a deep connection between people and nature, emphasising responsibility for caring for the land, waterways, and all living things. Māori believe that by practicing kaitiakitanga, we ensure that natural resources are sustained for future generations.

Helpful Resources:

✦ Education Materials

[Zero Waste Education](#) – Offers comprehensive waste minimisation education units for preschool to Year 8 students, funded by local councils.

[Ministry of Education – Kaitiakitanga Resources](#) – Provides educational materials and activity sets to help students understand and engage with the principles of kaitiakitanga.

[Science Learning Hub – Understanding Kaitiakitanga](#) – Explores the Māori concept of guardianship, its significance in environmental stewardship, and its application in New Zealand.

✦ Pollution & Waste Reduction

[Sustainable Coastlines](#) – Community clean-up events & educational resources

[Love Food Hate Waste](#) – Reducing food waste in households

✦ Recycling & Sustainability

[Recycle NZ](#) – Information on what can and can't be recycled

[Para Kore](#) – Māori-led zero-waste initiatives

✦ Kaitiakitanga & Environmental Stewardship

[Te Ara](#) – Kaitiakitanga – Understanding the concept of kaitiakitanga

[Toimata Foundation](#) – Māori perspectives on sustainability & environmental education

Feel free to explore additional resources that best suit your community and environmental needs.



Day 5:
**Let's Save
the Planet...
Together!**

#GIW26

Eco-Challenge Day: Small Actions, Big Impact

These Eco-Challenge ideas provide fun and practical ways to inspire environmental action across generations.

Choose the challenges that best suit your participants and adapt them as needed to create a meaningful experience for your group.

Eco-Challenge Ideas

Waste-Free Challenge

Teams sort common household waste into "recycle," "compost," or "landfill" bins, sparking discussions on reducing waste and making better disposal choices.

Plastic-Free Swap

Teams match common single-use plastic items (e.g., plastic bags, straws, and bottles) with sustainable alternatives, encouraging mindful consumption.

Energy-Saving Hunt

Teams brainstorm and list everyday actions to save energy at home, such as turning off lights, unplugging devices, and using energy-efficient appliances.

Sustainable Shopping Challenge

Teams examine grocery items and discuss which are the most eco-friendly based on packaging, sourcing, and sustainability labels.

Water Wise

Teams list quick ways to save water at home (e.g., turning off taps while brushing, fixing leaks, and using rainwater for plants).

Biodiversity Boost

Teams create a simple plan for making outdoor spaces more wildlife-friendly, such as planting flowers for bees, setting up bird feeders, or making a bug hotel.

Fast Fashion Fix

Teams look at different clothing materials and discuss which are the most sustainable. They also brainstorm ways to reduce textile waste, like repairing clothes or shopping secondhand.

Low-Waste Lunchbox

Teams design an eco-friendly lunchbox by identifying waste-free food options, reusable containers, and compostable packaging.

Carbon Footprint Challenge


Teams identify activities that contribute to their carbon footprint (e.g., transport, diet, electricity use) and discuss small changes to reduce their impact.

Nature Connection Challenge

Teams take a mindful moment outside to observe and appreciate nature, discussing the importance of protecting natural spaces for future generations.



Day 6:
Let's develop
intergenerational
workplaces

Sponsored by 

#GIW26

This resource provides materials to guide discussions and activities around intergenerational collaboration in workplaces.

It includes Māori values and practical ideas to foster inclusive environments. Feel free to explore and choose those that best suit your participants.

Resources for Intergenerational Collaboration & Discussion

Guided Questions for Discussion:

- What are some challenges you've faced in the workplace or community based on generational differences?
- How do you think the workplace has changed over the years? What has stayed the same?
- What strengths do you think different generations bring to the workplace?
- How can we encourage better communication and understanding between different generations in the workforce?
- In what ways can we create an environment that values both experience and fresh perspectives?

Discussion Prompts & Scenarios:

Scenario 1: A younger worker feels their ideas are not being valued by their more experienced colleagues. How can they address this situation?

Scenario 2: An older worker is struggling with new technology that younger employees use frequently. How can the team support them in adapting?

Scenario 3: An employee feels disconnected from the team because of generational gaps. What steps can be taken to bridge that gap and create a more inclusive culture?

Māori Values Info Sheet:

The following Māori values are important in shaping inclusive, collaborative, and respectful work environments:

Whanaungatanga (Relationships and Belonging): Building strong, supportive relationships and a sense of community in the workplace.

Manaakitanga (Caring and Hospitality): Offering support, kindness, and respect to others, helping people feel valued and cared for.

Rangatiratanga (Leadership and Empowerment): Encouraging people to take ownership of their work and empowering them to lead in ways that align with their strengths.


Tikanga (Customs and Protocols): Respecting and upholding traditions and practices that create a harmonious and inclusive environment.

Aroha (Love and Compassion): Showing genuine care and empathy for colleagues, fostering a culture of understanding.



Day 6:

Let's develop
intergenerational
workplaces

Sponsored by 

#GIW26

A Day in the Life

This resource provides some ideas to role-play different work environments across generations. It includes possible props and discussion prompts to help explore past, present, and future workstyles.

Feel free to choose those that best suit your group.

Possible Resources and Work Environments Across Generations

Workstation Props:

1950s Office Worker: Typewriter, paper files, Rolodex, rotary phone.

1980s Factory Worker: Hard hat, blueprints, walkie-talkie, clipboard.

2000s Tech Professional: Desktop computer, mobile phone, email, desk calendar.

2020s Remote Worker: Laptop/tablet, video conferencing, digital calendar, headphones.

Role-Play Task Cards:

1950s Office Worker:

- Type a client letter on the typewriter and file it manually.
- Call a client using the rotary phone and record the conversation.

1980s Factory Worker:

- Use a pager to report progress on tasks.
- Update a blueprint and document changes on a paper form.

2000s Tech Professional:

- Send a professional email to your boss.
- Print relevant info from the desktop computer for a meeting.

2020s Remote Worker:

- Join a virtual meeting and share your screen.
- Use your digital calendar to organize your day.

Key Differences in Workstyles:

1950s: Manual office work, face-to-face communication.

1980s: Computers introduced, still paper-heavy.

2000s: Email, tech professions, increased digital reliance.

2020s: Remote work, digital collaboration tools.

Discussion Prompts:

- How did tools and technology impact communication and productivity?
- What were the challenges and advantages of each work environment?
- How can workplaces combine past and present workstyles?



Day 7:
Let's improve
intergenerational
quality and
sustainability

#GIW26

Treasure Hunt for the Future

This resource provides guidance on running an intergenerational treasure hunt focused on taonga (treasures) that connect generations.

The activity encourages teamwork, storytelling, and reflection on the values, traditions, and knowledge we want to protect for the future.

Setting Up the Treasure Hunt

Step 1: Choose the Taonga & Locations

- Select meaningful taonga—these can be real objects, pictures, or written descriptions.
- Hide them at different locations around the room or outdoor space.
- Use a simple map or a series of clues to guide participants from one station to the next.

Step 2: Create Clues & Challenges

- Each taonga should have a short clue leading to it.
- At each station, teams complete a quick challenge related to the taonga before moving to the next clue.

Step 3: Encourage Conversations

- At the end of the hunt, bring everyone together to discuss what they found and why these treasures matter.

Examples of Possible Taonga, Clues & Challenges

◆ Storytelling & Traditions

📖 **Taonga:** A book, an old photograph, or a letter.

Clues:

"I hold memories of the past and share stories through time. You turn my pages to hear voices of those before us." (Book, diary, letter)

"A picture speaks a thousand words, holding moments we treasure. Find something that captures a memory." (Photograph, framed picture)

Challenges:

- ✓ Share a memory or tradition that has been passed down through generations.
- ✓ Work as a team to create a short story that connects past, present, and future.



Day 7:
Let's improve
intergenerational
quality and
sustainability

#GIW26

Treasure Hunt for the Future

This resource provides guidance on running an intergenerational treasure hunt focused on taonga (treasures) that connect generations.

The activity encourages teamwork, storytelling, and reflection on the values, traditions, and knowledge we want to protect for the future.

Examples of Possible Taonga, Clues & Challenges

◆ Skills & Knowledge

✂ Taonga: A simple object (e.g., knitting needle, tool, recipe card, musical note).

Clues:

"With steady hands and careful thought, I help create and fix. Find me where skills are shared." (Tool, knitting needle, musical instrument)

"Passed from one generation to the next, I hold the secret to delicious meals and treasured family flavours." (Recipe card, handwritten cookbook)

Challenges:

- ✓ Demonstrate or describe a skill you've learned from someone older or younger than you.
- ✓ Teach someone in your group one small skill (e.g., tying a knot, clapping a rhythm, folding a piece of paper in a new way).

◆ Nature & Sustainability

🌱 Taonga: A small potted plant, seed packet, or nature-themed image.

Clues:

"I breathe life into the world, standing tall or growing small. Find where nature flourishes." (Plant, tree, flower)

"Tiny but mighty, I hold the future in my shell. Water me, and watch life grow." (Seed packet, sprouting seed)

Challenges:

- ✓ Share one action you take (or want to take) to protect nature.
- ✓ Discuss how people of different generations can work together to care for the environment.



Day 7:
Let's improve
intergenerational
quality and
sustainability

#GIW26

Treasure Hunt for the Future

This resource provides guidance on running an intergenerational treasure hunt focused on taonga (treasures) that connect generations.

The activity encourages teamwork, storytelling, and reflection on the values, traditions, and knowledge we want to protect for the future.

Examples of Possible Taonga, Clues & Challenges

◆ Friendship & Community

♥ **Taonga:** A puzzle piece, photo of people together, or a heart symbol.

Clues:

"Alone, I am just one. Together, we create something whole. Find what connects us."
(Puzzle piece, interlocking hands image)

"Love, kindness, and support—these hold us together. Look for a symbol that represents friendship." (Heart, group photo, handprint art)

Challenges:

- ✓ Share one quality you value in a good friendship or community.
- ✓ As a group, create a "kindness chain" by writing something positive about another person in the activity.

Adapting the Treasure Hunt

💡 **Keep it flexible!** The taonga can be adjusted based on what's meaningful to your group. If participants bring their own taonga, incorporate them into the hunt. The key focus is encouraging intergenerational conversations and highlighting how we sustain these connections into the future.

